

**RELEASE OF LIABILITY**

This release, waiver, hold-harmless and assumption of risk agreement is executed this \_\_\_\_\_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 2020, in favor of Inner Navigation LLC, Albuquerque, New Mexico.

1. As part of the activities of Inner Navigation LLC, Participant wishes to participate in the following event or activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. By its nature the event involves being in the wilderness and may involve the outdoors, introducing elements of nature over which Inner Navigation LLC has no control. The environment at and surrounding the event is a natural one with hazards associated with such an environment, such as, but not limited to, wild animals, inclement weather, fasting or limited nutrition, and hidden obstacles such as uneven grade, logs, rocks, low branches. A state of reasonable good physical condition is required.

3. Participant desires to participate in the event and has received detailed information concerning the potential physical risks of the participation. Participant desires to participate in the event with full knowledge of the inherent risks and dangers and the physical injuries that could result and hereby agrees to assume the risk of any such injury.

THEREFORE, Participant, in consideration of being permitted to participate in the event, hereby voluntarily releases Inner Navigation LLC from any and all claims for loss or damage, including personal injury or death, whether or not caused by negligence in the event. As used herein, Inner Navigation LLC shall include any of it’s agents or facilitators.

IT IS THE INTENTION OF THE PARTICIPANT, BY SIGNING THIS INSTRUMENT, TO EXEMPT AND REIEVE INNER NAVIGATION LLC FROM ANY LIABILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE CAUSED BY NEGLIGENCE OR OTHERWISE.

Participant acknowledges that he or she has read the foregoing, fully and completely understands the potential dangers incident to participating in the event, and assumes the risks of injury attendant to such use, and is fully aware of the legal consequences of signing this agreement.

Printed Name Signature Date

amy.innernavigation@gmail.com Santa Fe, NM 505-204-5288

INNER NAVIGATION LLC

Amy Finlayson M.A., LMHC

 NNNNNNNavigation LLC